LYGON

SPA





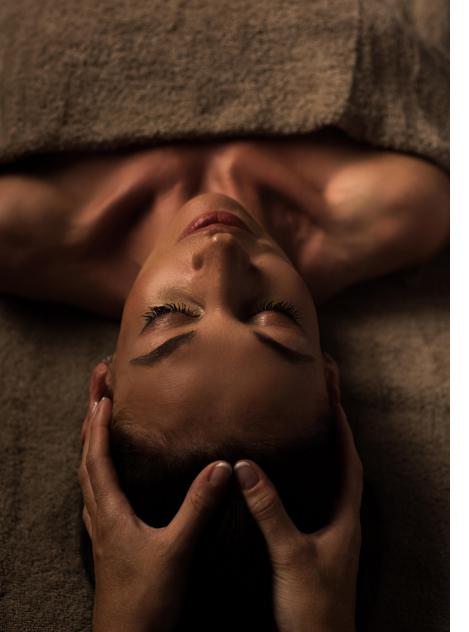
The Lygon Spa is a haven of peace and tranquillity set within the beautiful Cotswolds village of Broadway.

Introducing our Spa Partners

OSKIA is a British results-driven brand that only uses the best patented actives and nutrients, which deliver real clinically-proven results. The ingredients used are naturally derived, clean ingredients that are kind to your skin and our environment.

ELEMIS is... the #1 luxury British skincare brand. Your skin, your body and your wellness lie at the heart of ELEMIS. Every ground-breaking formula is an innovative blend of science with the chemistry of nature, carefully crafted by a dedicated team of explorers, scientists and skincare experts. Encompassing the most powerful biological actives available from both 'above and below' the earth's surface, ELEMIS' meticulous attention to detail, pioneering formulas and remarkably transformative results are what truly sets our skincare apart.

MANICURES + PEDICURES BY MII The colour and care range was developed by British beauty entrepreneur Susan Gerrard, an expert manicurist with over 30 years of hands on experience. A unique collection of prescriptive nail treatments with 100+ shades in long lasting, fast-drying Colour Confidence nail polish and Statement Gel polish and luxurious hand and foot care which all deliver stand-out manicures and pedicures.



SPA TREATMENTS

A £10 supplement will be applied on all Spa treatments and Spa days on Fridays, Saturdays, Sundays and bank holidays.

Lygon Warm Oil Massage	25 minutes from £75
	45 minutes from $£90$
	60 minutes from £105
	75 minutes from £120
	90 minutes from £145

Drawing on Eastern and Western massage techniques, your therapist will be guided by knowledge and intuition to administer a bespoke massage treatment, targeting your unique holistic needs whether that is to ease deep muscular tension, to rebalance and renew emotional or physical energies, to detoxify and stimulate lymphatic drainage, or to support general well-being.

Lygon Body Recovery	60 minutes from £105
	75 minutes from £120
	90 minutes from C145

Combining Ayurvedic and Eastern techniques, this treatment has been created to de-toxify, invigorate, yet relax, your body through a variety of beneficial components. Your therapist will determine the best therapies to perform, choosing from a de-toxifying mineral-rich mask, invigorating salt scrub, relaxing warmed lava stones, tension releasing massage, relaxing reflex-zone massage to an invigorating dry body-brushing.

Bespoke Facial	45 minutes from £90)
	60 minutes from £105)
	75 minutes from £120)
	90 minutes from £145	;

Just go with the 'glow' and experience the incredible benefits of a bespoke facial at The Lygon Spa. Our prestigious Spa Partners, ELEMIS and OSKIA offer a variety of benefits to suit all skin types. Whatever your concern, our therapists have the knowledge and expertise to create a unique experience, tailored to meet your needs.

A discretionary 12.5% service charge will be added to the price of each treatment.





HANDS & FEET

File and Polish	25 minutes	£30
Essential Manicure and Pedicure File, cuticle care and polish application.	35 minutes	£40
Moisturising Manicure 50 minutes File, cuticle care, hand and nail exfoliation, and a moisturising hand massage, followed by an application of polish.		/-

Moisturising Pedicure 60 minutes £65 File, cuticle care, exfoliation, moisturising foot and leg massage and a luxurious mask followed by an application of polish.

Existing Gel Removal 25 minutes £21 Existing gels need to be removed before any manicure or pedicure. A £10 charge occurs for removal of gel prior to treatments. Please book in addition to your chosen treatment.

Mii Gel

Mii's Statement Gels were born to be just that. A super shiny durable gel polish with a self-levelling formula which can be easily removed without damage to the natural nail. Ideal for busy people with busy hands. Make your statement.

Add Mii Gel to an Essential or Moisturising Manicure/Pedicure for an additional £10. Please specify at time of booking to avoid disappointment.

Should you require a French polish please specify at the time of booking as an additional supplement of £15 and extra time will be added to your booking.

A discretionary 12.5% service charge will be added to the price of each treatment



TREAT FOR TWO

Treat for Two

120 minutes £,215 per person

Choose from a range of tantalising treatments to suit you, from our bespoke facials which will leave you glowing, to a body recovery treatment, combining Ayurvedic and Eastern techniques to detoxify and invigorate. Your choice of any 120-minute treatment or 2 x 60-minute treat

JUNIOR TREATMENTS

We are able to offer a range of tailored junior treatments to our younger guests, up to the age of 17.

Guardians must accompany juniors during the treatment and sign a medical consultation form before any treatment commences.

Please note: times given are estimates only and the length of treatment may vary.

Junior Manicure or Pedicure	25 minutes	£30
Junior Facial Tailored to suit sensitive skin using 100%	25 minutes natural products.	£50
Junior Scalp Massage Using 100% natural oils.	25 minutes	£50

A £10 supplement will be applied on all Spa treatments and Spa
 days on Fridays, Saturdays, Sundays and bank holidays. A discretionary
 12.5% service charge will be added to the price of each treatment.



SUNRISE SPA EXPERIENCE

Start your day with blissful tranquillity. *Available Monday-Friday*.

45 minute treatment from £,105

- Full access to spa facilities for up to 5 hours (8.30pm 1.30pm)
- Use of robes, slippers and towels
- A complimentary drink on arrival

TAILOR-MADE SPA DAY

Escape for the day and recharge. *Including a timed treatment of your choice.*

60 minute treatment from £215 75 minute treatment from £235 90 minute treatment from £255

- Access to spa facilities for up to 8 hours
- Use of robes, slippers and towels
- Two-course lunch in the Spa Kitchen
- Refreshment with your lunch

TWILIGHT SPA EVENING

Name a better way to spend your evening. *Includes a timed treatment of your choice.*

45 minute treatment from £105 60 minute treatment from £115

- Full access to spa facilities for up to 5 hours (3.30pm 8.30pm)
- Use of robes, slippers and towels
- A complimentary drink on arrival

A £10 supplement will be applied to Spa Packages or Fridays, Saturdays, Sundays and bank holidays

LYGON SPA -

SPA MEMBERSHIP INCLUDES

- A personalised 1-2-1 fitness analysis
- A comprehensive fitness plan, inclusive of dietary advice
- Ongoing fitness and well-being support
- 5 complimentary 30-minute personal training sessions
- Full access to the spa facilities
- Access to the Lygon Spa Kitchen & Bar
- An outdoor Spa Terrace, perfect for the summer months
- 20% discount on treatments (Monday Thursday) **
- 20% discount on food and drink across The Lygon Arms estate (excludes private dining)
- 50% discount on private room hire **
- 25% discount on overnight accommodation (Sunday Thursday) **
- 3 complimentary guest passes to use throughout the year
- Access to members social events

Full Membership	per month or one annual payment of	£156 £1,778
Off-Peak Membership	per month or one annual payment of	£140 £1,596
Joint Membership	per month or one annual payment of	£277 £3,158
Junior Membership		£250

Please contact the spa team for further information or to arrange a visit. Telephone: 01386 854424 or email: membership@lygonarmshotel.co.uk

^{*} Off-peak is Monday - Friday 9:00am - 5:00pm

^{**} Subject to availability. Terms and Conditions apply.

The Lygon Spa High Street, Broadway, WR12 7DU Tel. 01386 854424 spa@lygonarmshotel.co.uk lygonarmshotel.co.uk



