BREAKFAST MENU	Celery	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Seasame	Soya	Sulphur Dioxide
Hot Breakfast														
Ham and Cheese Omlette														May Contain
Oak smoked salmon, scrambled eggs, sourdough, lemon		Wheat (May Contain all Cereals)												
Eggs benedict, muffin, hollandaise		Wheat (May Contain all Cereals)												
Eggs florentine, muffin hollandaise		Wheat (May Contain all Cereals)												
Eggs Royale, muffin, hollandaise		Wheat (May Contain all Cereals)												
Porridge oats with milk		Oats								May Contain		May Contain	May Contain	May Contain
Porridge oats with oat milk		Oats					May Contain			May Contain		May Contain	May Contain	May Contain
Porridge oats with almond milk		Oats					May Contain			Almonds (May Contain Other Nuts)		May Contain	May Contain	May Contain
Porridge oats with water		Oats					May Contain			May Contain		May Contain	May Contain	May Contain
Avocado on Sourdough, Poached eggs, chilli		Wheat (May Contain all Cereals)												
French toast, honeycomb, creme fraiche		Wheat (May Contain all Cereals)												
Cooked vegetarian Breakfast, hash brown, mushroom, tomato, vegetarian sausage, heinz baked beans, scrambled eggs		Wheat (May Contain all Cereals)												
Continental Buffet														
Seasonal Fruit														
Selection of yoghurts														
Cereal and granola		Wheat (May Contain all Cereals)								All Nuts present where produced	All Nuts present where produced			
Preserves														
Croissant		Wheat												
Pain au choc		Wheat												
Cinnomon swirl		Wheat												
Selection of cured meats and cheese														
Hot Breakfast Items														
Smoked Back Bacon														
Pork Sausage		Wheat												
Black Pudding		Wheat												
Flat Mushroom														
Grilled Tomato														
Baked Beans														
Scrambled Eggs														