

LYGON

SPA



LYGON SPA

The Lygon Spa is a haven of peace and tranquillity set within the beautiful Cotswolds' village of Broadway.

Introducing our Spa Partners

OSKIA is a British results driven brand that only uses the best patented actives and nutrients that deliver real clinically-proven results. The ingredients used are naturally-derived, clean ingredients that are kind to your skin and our environment.

ELEMIS is... the #1 luxury British skincare brand. Your skin, your body and your wellness lie at the heart of ELEMIS. Every ground-breaking formula is an innovative blend of science with the chemistry of nature, carefully crafted by a dedicated team of explorers, scientists and skincare experts. Encompassing the most powerful biological actives available from both 'above and below' the earth's surface, ELEMIS' meticulous attention to detail, pioneering formulas and remarkably transformative results are what truly sets our skincare apart.

THE LYGON NAIL RANGE. Be inspired by our heritage and unique location as you indulge in one of our signature nail treatments. Choose from over 20 colours especially chosen to reflect the hotels history.

Our exclusive range of The Lygon Arms nail varnishes are available to purchase from the spa.

GELeration is a next generation soak-off gel nail system used in spas throughout the world.

Created with the nurture of your natural nail in mind, GELeration protects your nails, while offering weak, bitten or problem nails the opportunity to grow underneath the gel.

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SPA TREATMENTS

Lygon Warm Oil Massage	25 minutes <i>from</i>	£55
	45 minutes <i>from</i>	£70
	60 minutes <i>from</i>	£85
	75 minutes <i>from</i>	£100
	90 minutes <i>from</i>	£115

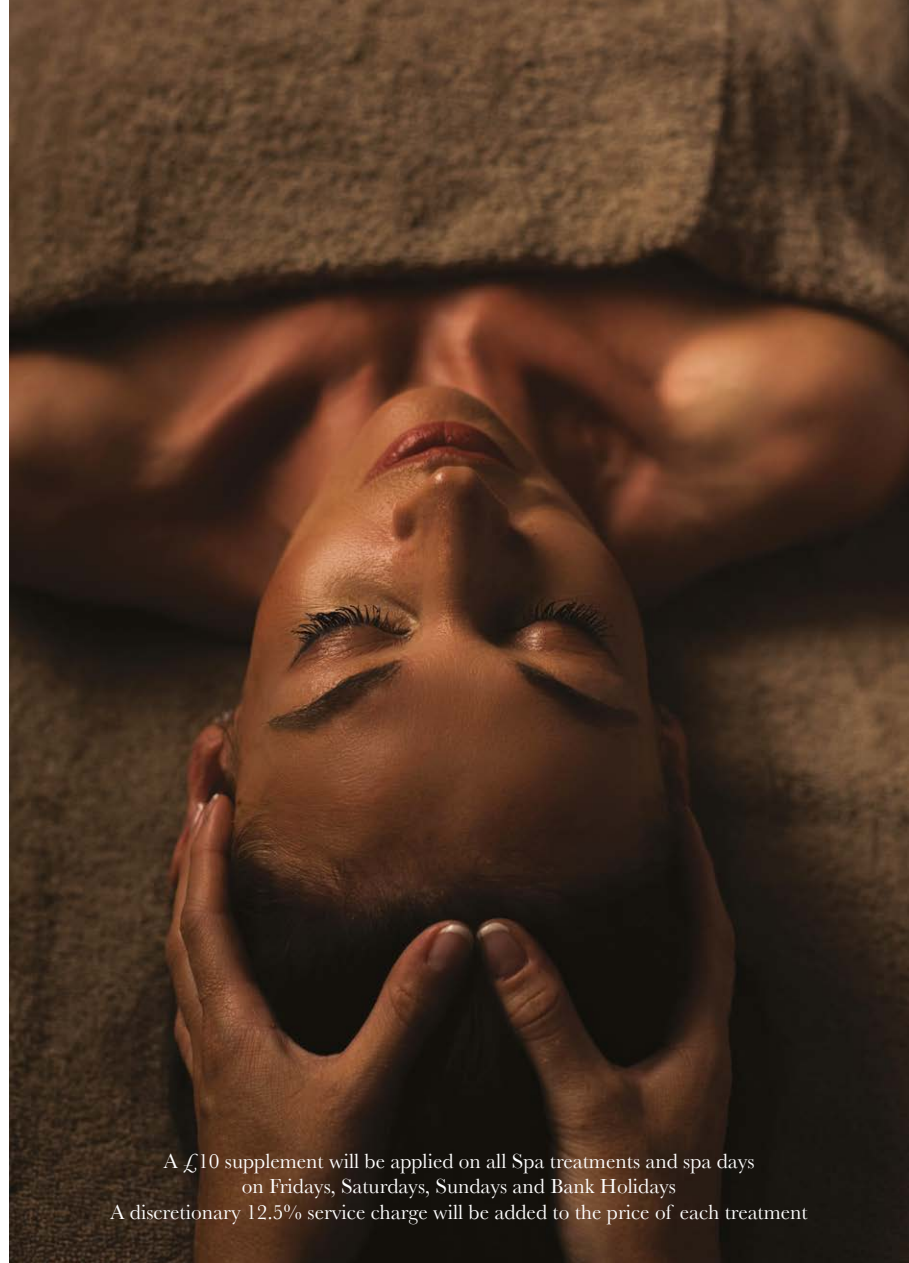
Drawing on Eastern and Western massage techniques, your Therapist will be guided by knowledge and intuition to administer a bespoke massage treatment, targeting your unique holistic needs; whether that be to ease deep muscular tension, to rebalance and renew emotional or physical energies, to detoxify and stimulate lymphatic drainage or to support general well-being.

Lygon Body Recovery	60 minutes <i>from</i>	£85
	75 minutes <i>from</i>	£100
	90 minutes <i>from</i>	£115

Combining Ayurvedic and Eastern techniques your Therapist will advise you of the most beneficial components to be performed during this treatment. This could be a detoxifying mineral-rich mask, invigorating salt scrub or dry body brushing, as well as warm lava stone massage, tension releasing massage or soothing reflex-zone massage.

Bespoke Facial	25 minutes <i>from</i>	£55
	45 minutes <i>from</i>	£70
	60 minutes <i>from</i>	£85
	75 minutes <i>from</i>	£100

Just go with the 'glow' and experience the incredible benefits of a bespoke facial at The Lygon Spa. Our prestigious Spa Partners, ELEMIS and OSKIA offer a variety of benefits to suit all skin types. Whatever your concern, our Therapists have the knowledge and expertise to create a unique experience, tailored to meet your needs.



A £10 supplement will be applied on all Spa treatments and spa days on Fridays, Saturdays, Sundays and Bank Holidays
A discretionary 12.5% service charge will be added to the price of each treatment





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HANDS & FEET

HANDS

File and Polish 25 minutes £30

Essential Manicure 35 minutes £40

File, cuticle care and polish application.

Luxury Manicure 60 minutes £65

File, cuticle care, hand and nail exfoliation, a luxurious mask and heated mitt treatment, hand and arm massage, followed by an application of polish (includes a polish to take home).

FEET

File and Polish 25 minutes £30

Essential Pedicure 35 minutes £40

File, cuticle care and polish application.

Luxury Pedicure 60 minutes £65

File, cuticle care, foot and leg exfoliation, a luxurious mask and heated bootie treatment, leg and foot massage, followed by an application of polish (includes a polish to take home).

Existing Gel Removal 25 minutes £20

Existing gels need to be removed before any manicure or pedicure. A £10 charge occurs for removal of gel prior to treatments. *Please book in addition to your chosen treatment.*

GELeration

Add GELeration to an Essential or Luxury Manicure/Pedicure for an additional £10. *Please specify at time of booking to avoid disappointment.*

A discretionary 12.5% service charge will be added to the price of each treatment



LYGON SPA

SPA DAYS

Lygon Tailor-Made Spa Day *

Includes a timed treatment of your choice

Treatment duration:
60 minutes *from* £125
75 minutes *from* £145
90 minutes *from* £160
120 minutes *from* £175

- Full access to spa facilities up to 8 hours
- A choice between lunch or afternoon tea
- Complimentary refreshment with your lunch
- VAT

* Spa day available from 9am to 5pm

Twilight Spa Evening *

Includes a timed treatment of your choice

Treatment duration:
25 minutes *from* £80
45 minutes *from* £95

- Full access to spa facilities up to 5 hours
- Light supper in Spa Kitchen & Bar
- VAT

* Twilight Spa Evening is from 4pm to 9pm

A £10 supplement will be applied to Spa days on
Fridays, Saturdays, Sundays and Bank Holidays

LYGON SPA

Nails & Tails Spa Day *

£165 per booking

Paws for a moment and enjoy the 'paw'fect pamper session for you and your dog!

FOR YOU

- ½ day use of spa facilities and gym (9am - 1pm) or (1pm - 5pm)
 - One 60 minute treatment or two 25 minute treatments of your choice
 - A welcome juice upon arrival
 - Access to the Spa Terrace and gardens
 - Provision of robes, slippers and towels
 - VAT
- * Spa day available from 9am - 1pm or 1pm - 5pm

FOR YOUR DOG

- A full body groom, including a bath, cut and dry
- Blueberry facial
- Paw and nose balm
- Choice of perfume (Jimmy Chow to Jean Paw Gaultier)
- Clipped Nails
- Bow or Bandanna

Must be booked in advance with at least 48 hours notice.

Subject to availability upon booking with the Lygon Spa and Broadway Dog Groomers.

A £10 supplement will be applied to Spa days on Fridays, Saturdays, Sundays and Bank Holidays



LYGON SPA

SPA MEMBERSHIP INCLUDES

- A personalised 1-2-1 fitness analysis
- A comprehensive fitness plan, inclusive of dietary advice
- Ongoing fitness and well-being support
- 5 complimentary 30 minute personal training sessions
- Full access to the spa facilities
- Access to the Lygon Spa Kitchen & Bar
- An outdoor Spa Terrace, perfect for the summer months
- 20% discount on treatments (Monday - Thursday) **
- 20% discount on food and drink across The Lygon Arms estate (excludes private dining)
- 50% discount on private room hire **
- 25% discount on overnight accommodation (Sunday - Thursday) **
- 3 complimentary guest passes to use throughout the year
- Access to members social events

Full Membership	per month	£135
	or one annual payment of	£1,519

Off-Peak Membership	per month	£120
	or one annual payment of	£1,344

Joint Membership	per month	£245
	or one annual payment of	£2,805

Please contact the spa team for further information or to arrange a visit. Telephone: 01386 854424 or email: membership@lygonarmshotel.co.uk

* Off-peak is Monday - Friday 9:00am - 5:00pm

** Subject to availability. Terms and Conditions apply.

